

# SHERIDAN ROAD

NORTH SHORE STYLE  
& SUBSTANCE  
JUNE/JULY 2020

“There’s only  
one thing in life,  
and that’s the  
continual renewal  
of inspiration.”

-DIANA VREELAND

100<sup>th</sup>  
ISSUE

# SUZANNE MELGES

LIFE AT HIGH SPEED

Plus THE MARVELOUS MEGAN WINTERS, LIZA YNTEMA DANCES  
TOWARD GENDER EQUITY & ALISON SIERENS ADVOCATES FOR A CURE

# SHORE VS CITY

WILMETTE'S

## AMY KARTHEISER

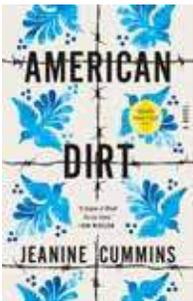
HAS AN EXQUISITE EYE FOR DETAIL AND A UNIQUE ABILITY TO CREATE SPACES BRIMMING WITH BOTH ELEGANCE AND EASE, ADDING A TOUCH OF LUXURY AND A SENSE OF WONDER TO THE HOMES OF HER CLIENTS. IN RECENT YEARS, A SERIES OF LIFE-CHANGING EVENTS INFLUENCED KARTHEISER TO LAUNCH A NON-PROFIT ORGANIZATION, UNDER THE SAME SKY, DEDICATED TO RAISING AWARENESS OF SUICIDE PREVENTION.

EDITED BY DUSTIN O'REGAN

PHOTOGRAPHY BY WERNER STRAUBE PHOTOGRAPHY

**What's on the horizon?** The official launch of Under the Same Sky. It means the world to get to combine my love for travel and design with my passion for raising awareness of suicide prevention **Mantra?** You have one life. Live it **Best grooming tip?** I'm obsessed with all Beauty Counter products **Guilty pleasure?** Travel **Favorite foods?** French Fries. Once I start, I can't stop **Music you love?** Live music. It can be anything; I just love concerts **Best advice ever given to you?**

From my dad: "This too shall pass" **Best advice you've given?** To my kids: "You be you" **Earliest memory?** Summer nights playing yard games with the neighborhood kids **When you wake up, you?** Workout either Pilates or yoga **Before bed, you?** Read. I don't think I have ever gone to bed without reading **What's on your bookshelf?** *American Dirt* by Jeanine Cummins **You can't live without?** A good book, traveling with my family, and long walks with my dog **Love to**



**escape to?** The Peninsula Spa with girlfriends **Advice you would give to your younger self?** Ninety-nine percent of the things we worry about never come to fruition



## ON THE SHORE

**Your style is?** Comfortable yet chic **Can't leave the house without?** Sunglasses and my iPhone **Transportation?** Lexus SUV **Driving music?** Interior design podcasts **Place to eat?** Spirit Elephant—I'm a vegan **Shop?** It used to be Chalk, and I am still in search of a replacement **Best thing about the Shore?** You can always find a parking spot

**Worst thing about the Shore?** It's too dark and quiet at night **The perfect day is?** Pilates, see both my kids off to school, walk to the AKD studio, finish with a family dinner and movie night



## IN THE CITY

**Your style is?** Chic (with comfortable walking shoes) **Can't leave the house without?** Sunglasses and my iPhone **Transportation?**

Train in, then walk as much as possible **Driving music?** Interior design podcasts **Place to eat?** NoMI and Le Colonial. Great food and great views **Shop?** Robin Richman and p.45 **Best thing about the City?** Its liveliness and unlimited choices of great restaurants **Worst thing about the City?** Traffic **The perfect day is?** A long walk along the lake on a sunny day

